

Comfort Kits—Notice to Parents



Emergency Preparedness

At the beginning of every school year, parents are asked to prepare a Comfort Kit for their child(ren) to keep at school. These kits will contain items such as snacks, family pictures or a small toy to provide comfort to students in the case of an emergency.

Place this completed form visibly inside your child's kit. Return your child's Comfort Kit to school by the end of September so that it may be placed inside the emergency Kiosk.

This comfort kit is for: _____

Teacher: _____ Division: _____

Medical Number: _____ Doctor's Name: _____

Doctor's Phone Number: _____

In the event of an emergency, please call:

Name: _____ Phone Number: _____

If local / regional phone lines are down, an "Out of Province Contact" is helpful so family members can obtain information on each other's location.

Out of Province Name: _____ Out of Province Phone Number: _____

Please check each item as they are packed:

- I large, waterproof zip-lock bag Print your child's name on the outside in Permanent Ink

Place inside:

- | | |
|--|--|
| <input type="checkbox"/> Current and clear picture of the child. This should be facing out and should be clearly visible. | <input type="checkbox"/> 2 containers of juice and / or water |
| <input type="checkbox"/> I granola bar, I dried fruit and some type of protein food (helps keep a child warm) such as beef jerky or tuna snacks. (no peanuts please) | <input type="checkbox"/> I roll of hard candy / gum |
| <input type="checkbox"/> Tylenol / other pain relief and any necessary medication (i.e. Epi-pen or asthma puffer) as school is not permitted to dispense any medication. | <input type="checkbox"/> Family pictures (a great comfort in time of stress) |
| <input type="checkbox"/> I small toy or game (deck of cards, stuffed toy, crayons, etc.) | <input type="checkbox"/> Book suited to the age of the child |
| <input type="checkbox"/> I pencil or pen with a few post-it notes (to be used to leave a note at home if no one is there when they arrive) | <input type="checkbox"/> Alcohol wipes and Band-aids for scrapes |
| <input type="checkbox"/> Small flashlight with new batteries or a glow stick | <input type="checkbox"/> Solar blanket |
| <input type="checkbox"/> 2 plastic bread bags (to be worn over shoes) | <input type="checkbox"/> 2 large garbage bags (to be worn over clothes) |