

# The Rock



Rock City School  
3741 Departure Bay Road  
Nanaimo, BC V9T 1C5

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L. Carefoot, Principal

D. Babcock and L. Uniat, Secretaries

## IT IS TIME TO .....



Daylight Savings Time takes place this weekend. Please remember to turn your clocks back on Saturday at bedtime.

## OUR SCHOOL GOALS

The mission for Rock City School is to provide a safe and strong academic setting in which children will be instilled with a love of lifelong learning, a respect for themselves and others, and a dedication to meet the challenges of the future through a combined partnership of home, school and community.

Our motto of "Reach For Your Best" will help challenge each child to develop their unique potential.

In order to accomplish our mission the school has developed a School Growth Plan with three goals:

**Literacy:** To maintain student achievement in reading and writing in all grades

**Social Responsibility:** To foster and support the development of socially responsible students

**Numeracy:** To improve students mathematical and problem solving knowledge, skills and abilities

In order to achieve our goals, home and school must work together. To be successful, students must attend school on a regular basis and must come to school on time, prepared to learn. Attendance at school is important because students miss instruction in important concepts and the opportunity to show their learning through completion of assignments. Coming to school on time develops habits of promptness in children

## DATES TO REMEMBER

**Thursday, October 29th** - PAC Halloween Dance

**Wednesday, November 4th** - Hot Lunch Day  
Popcorn Sale

**Thursday, November 5th** - Teddy Anderson  
Fine Arts presentation 9:00 am

**Friday, November 6th** - District Cross  
Country Meet

**Monday, November 9th** - Photo Retakes  
9:00 am start

**Wednesday, November 11th** - Remembrance  
Day - School is closed

**Thursday, November 12th** - PAC meeting  
7:00 pm in the library

**Wednesday, November 18th** - Hot Lunch Day

**Wednesday, November 25th** - Popcorn Sale

**Friday, December 4th** - Report Cards go home

**Thursday, December 10th** - PAC Meeting  
7:00 pm in the library

**Friday, December 17th** - Last day of school  
Winter Break begins

**Monday, January 4th** - School reopens

and negates classroom disruptions when they do arrive late. We appreciate your support in this regard.

## NEW STAFF MEMBERS

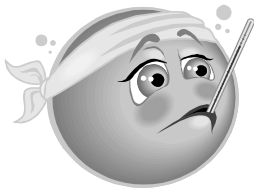
This school year Rock City has the privilege of welcoming several new staff members. These are:

Jackie Aleck	- EA
Heather Attrell	- EA
Darla Buston	- Ab Ed EA
Jo Cornthwaite	- Student Support
Erin Faber	- EA
Heidi Fargo	- Monday Teacher Librarian
Biserka Glavica	- EA
Marina Lockhart	- Secretary
Samantha McGuire	- EA
Laura Mockett	- EA
Susan Reno	- Youth and Childcare

Chantelle Roy - Gr. 4/5  
 Joe Smith - Gr. 6  
 Lynn Smith - Noon Hour  
 PamTom - EA

On a sad note, we bid farewell to Mrs. Uniat who has helped in the office for several years and wish her well in her retirement. Mrs. Lockhart will be replacing her shortly.

### FLU SEASON



Flu season is upon us so please follow the guidelines of being scrupulous about hand washing and sneezing or coughing into handkerchiefs or the crook of your arm. If you feel sick, stay home until you are better. Sick kids need to be at home and we will be asking parents to pick up students who feel ill. As H1N1 is the predominant flu this year there are likely to be cases in our Nanaimo and Rock City community. If you have questions about Swine Flu call the Public Health Office. They are the ones that provide public information and announcements.

### HALLOWE'EN SAFETY

Hallowe'en is meant to be an enjoyable time for all children. Parents are reminded of the following safety tips to ensure youngsters have a safe evening:

- ◆ Make sure costumes are flame proof and easy to walk in.
- ◆ Choose face makeup over masks to ensure good visibility.
- ◆ Children should always trick or treat with a responsible adult.
- ◆ Only visit neighbourhoods you know and are comfortable in.
- ◆ Avoid going up to houses without porch lights on.
- ◆ Avoid yards with dogs running loose.
- ◆ Discard opened or unwrapped food items.
- ◆ Many foods contain peanut traces—check candy contents carefully if your child has allergies.
- ◆ Stay well away from any area where fireworks are being set off.
- ◆ Talk about the route and safety plans with children before going out.

### HALLOWEEN DANCE

Hey all you ghosts and goblins, it's that time of year again. Please come and join us for our annual Halloween



Dance on Thursday, October 29th from 6 – 8:30 p.m.

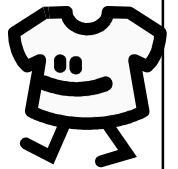
### SAFETY REMINDERS

Please see that your child arrives at school between 8:30 and 8:40 a.m. to ensure they have the best start to each day. It is preferable to not drop children off before 8:30 am as there is no outside supervision before this time.

Safety is always an important concern at school.

- △ **When picking up or dropping off students** please ensure you park on the road or appropriate drop off school area and ensure your child is safely on the school grounds.
- △ **Drive cautiously** to and from school as young students are making their way along these routes.
- △ **Clearly establish after school routines and guidelines** with your children to avoid confusion or uncertainty at the end of the school day. (Please note that the school phone is not to be used for students to make after school plans.)
- △ **Notify the school if different arrangements** have been made for your child's pickup.
- △ **Please complete and return the important student information forms when they come home.**

### ROCK CITY ELEMENTARY STUDENT DRESS CODE



According to school district policy every school in School District #68 is to have a dress code. Following please find Rock City's student dress code.

The basic responsibility for students apparel while attending school lies with the student and his/her guardian. Our school's general principle concerning student dress is that a student's clothing must be conducive to learning and be safe to wear. We also believe strongly that out of respect for each other, clothing should not be disturbing or distracting to others in the school setting.

At Rock City Elementary the following are general guidelines for student dress, but are not necessarily limited to the following.

- ‡ Footwear must be worn at all times and must be considered safe to wear in case of emergency exits from the school.
- ‡ Clothing must be appropriate to a school setting and be free from any reference to alcohol, drugs, gangs, hate, obscenity, profanity, racism / discrimination, sex, violence and / or

"put downs". Spaghetti straps are not acceptable and tops must meet bottoms.

Students who wear inappropriate clothing will be asked to change. This may require that the student be sent home to change into appropriate attire. If this is the case, parents will be contacted.

Any questions, please do not hesitate to call Mrs. Carefoot at 758-2434.

### INCLEMENT WEATHER

Now that fall has arrived, please be sure that your children dress appropriately for the weather of the day. (i.e. boots, coats, hats as needed) If your child is an active outdoors type, you may want to consider sending a change of clothes with them in the morning to avoid another trip to the school because their pants etc. are wet or muddy.



### ROCK CITY CHOIR

Mrs. Cunningham has already booked the choir to sing at the Festival of Trees at 4:00 pm on Sunday, November 29th and 11:00 am on Wednesday, December 9th. Choir will begin November 2nd (Mondays at noon) for Intermediate and November 23rd for Primary.



### STUDENT ACCIDENT INSURANCE

School District No. 68 (Nanaimo-Ladysmith) does not provide any accident insurance coverage for student injuries that occur on school premises or during school activities. You may purchase coverage for your child at [www.insuremykids.com](http://www.insuremykids.com) or by calling toll free at 1-800-463-KIDS (5437).

### TERRY FOX RUN

On Friday, September 25th Rock City held its annual Terry Fox Run. We are pleased that our community raised \$217.90 to contribute to this worthy cause. Well done runners!



### NEWS FROM THE LIBRARY

Thank you to all parents/guardians for ensuring library books are returned on time, or if missing, found. We had several new books on display over the past two weeks, and many students have expressed pleasure in reading the different genre which was available. Remember parents, you are always welcome to come in and sign out books for your preschoolers. We also have a variety of resources provided by PAC in the parent library. Come and check the library out.

Finally, if you can volunteer with a Scholastic Book Fair or the spring Books for Kids event, please call the school.



**September's winner of the Newsletter Contest was: Aaron Maskill**



### NEWSLETTER CONTEST

Please note that our PAC has agreed to provide a free hot meal for each newsletter. We will make the draw of all returned tear off sheets. We value all comments from parents and appreciate the time and effort it takes. Thank you to the PAC.

Name: \_\_\_\_\_

Comments:

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