

Whats Up at Georgia

Winter 2012

Latin Fit

Exercise to the basic steps and moves of Salsa, Merengue, Cha Cha, Cumbia and more
Monday & Wed Evenings
Ages Teen- Adult Call 250-667-7930

Harewood Youth Ball Hockey

Registration call
250-740-2792 Tania or 250-667-3264 Danielle

F a r m 2 S c h o o l

Since 2009, Nanaimo Foodshare has been offering the Farm to School program in a number of elementary schools within School District #68.

One Goal

The Farm to School aims to improve the health of school aged children by increasing access to locally grown, nutritious, safe, and culturally appropriate foods schools.

Four Objectives

- To improve student nutrition
- To increase learning opportunities from farm to fork
- To support local farms and the local food economy
- To promote a healthy environment

Children have the opportunity to feast on a garden of fresh foods including 6 vegetables, 3 fruits, 1 protein and 1 grain. We also provide a fresh homemade soup with each salad bar.

Farm to school at Georgia Jan 27, March 30 & May 25

Home Alone

9 to 12 Years Do you or will you have a child home alone soon?

If so, this program is very informative.

Topics will include household and fire safety, earthquake safety, Personal safety, dealing with strangers, how to make emergency calls, basic first aid, plus meal and snack preparation.

Thursday March 8th

5-8 pm Georgia Ave Elementary Cost 20\$ per participant.

Baby Ballet

3 to 5 Years This is your child's first introduction to ballet in a fun filled environment.

Children will develop balance and coordination while learning simple dance steps and positions to music.

Instructor: Samantha Madge

Wed, Jan 25-Feb 29 3:30-4 pm \$27/6 109024

Baby Ballet - Next Steps

3 to 5 Years This is a class for little dancers who have already taken Baby Ballet.

This is a continuation of level one including more steps, music and movement.

Instructor: Samantha Madge

Wed, Jan 25-Feb 29 4-4:30 pm \$27/6 109025

More ways to Get Involved...

- Community Celebrations
 - * Sports Drop-Ins
 - * Hold your meetings at Georgia Ave
 - Have a birthday party in our Gym
 - Volunteer your time
- And much much more !!!!!



After school Drop In

Grades 6 & 7 students

Mondays 2:30-4:30

Georgia Ave Elementary

Starting Jan 16, 2012

Bring your ideas and make it happen.

Georgia Ave Community School 625 Georgia Ave

250-753-4511