

Eye of the Cyclone

Cilaire Elementary School

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Principal: Mr. M. Ireland
Secretary: Mrs. D. Ludvigson

November 6, 2009

PRINCIPAL'S MESSAGE

The school year has been off to a great start and we have had a lot happening in our school community this past month. We have had a special performance – a Fine Arts performance by Norman Foote, who entertained us with his singing and humour. We are exploring having him come back in April to work with our students and to put on an evening performance with the students. Many thanks to the PAC for their ongoing support of these performances. As well, on Friday, October 30th, our Pac sponsored a Halloween Family Dance. This was very well attended with over 200 people in attendance, enjoying an evening of dancing, games, and fun.

Earlier this past month you also had an opportunity to meet with your child's classroom teacher to discuss his/her start to the year and set goals for the remainder of the year. This is the one 'formal' meeting time that is set up by the school; however, we all recognize the importance of ongoing communication and dialogue. If at any point throughout the year you have concerns or questions about your child's progress, please contact his/her classroom teacher by a written note or phone call to gain clarification and work towards common solutions.

At the beginning of the next month, on Friday, December 4th, your child(ren)'s first report card for this year will be coming home. Please take the time to go over the report card with him/her and celebrate their strengths and accomplishments. Also, take the time to discuss some possible goal areas and make a plan for working on those goals in the coming term. Remember that their report card is only one reflection of their progress, but that it is a good tool to use for dialogue and discussion in regards to their education.

We now have 69 families who receive this newsletter and other notices via email. If you haven't already signed up to get your newsletter via email, please do so by indicating on the newsletter response slip at the end of this newsletter.

We are looking forward to a great November. Thanks for continuing to support both your own child(ren) and the larger Cilaire community.

Mr. Ireland

PRINCIPAL'S ENCOURAGEMENT



Principal's Encouragement is a time when students are more formally recognized for an accomplishment or service they have made in the school. Students from each class are selected and sent to the office to meet with the principal to be acknowledged for work they have done. Be sure to check out the bulletin board between Mr. Hird's and Miss Scott's room which will display the students that are recognized each week. The students recognized this month are:

Rylan Hoffman, Kaleb Hall-Weber, Christian Clifton, Joshua Pringle, Leanna Milligan, Jamie Kruger, Ashley King, Maya Long, Rachel Gueulette

SCHOOL WIDE RUNS AND CILAIRE KILOMETER CLUB

Each Wednesday morning before lunch and each Friday afternoon all of our students head out for a school wide run. We all gather on the lower field (11:30 am on Wed., 12:50 pm on Fri.) for a short warm up, then head down the driveway to Cilaire Dr. where we head on a 1.5 km run/walk around Cilaire Drive. This has been a great way to promote fitness. Parents are welcome to join us for our run/walk on Friday afternoons if you are available – the best way to promote fitness is to model it☺

Congratulations to the following students for their Kilometer Club milestones!

25 Kilometre -Ethan Dodds, Michael Ewanyshyn, Seth Loewen, Kolby, Arsenault, Alexis Charles, Coral Gammie, Spencer Richards, Brady Andjelkovic, Riley Aquino, Sam Browne, Josh Carless Jones, Megan Dodds, Jarod Domino, Hunter Gackstatter, Leora Gueulette, Kylie Hoffman, Sydney Howlett, Hayley Issachsen, Jordan Jenkins, Maddy Konst, Kiah Loewen, Nik Malenica, Kate Mason-Betts, Rachel Mayer, Sean McAuliffe, Grace McCheyne, Leora Middleton, Ricky Seward, Simon Svenstrup, Luke Swabey, Tara Ward, Jakob Weber, Darrian Gaetz, Heeyeon Kim, Jesyka Arsenault, Josie Laidlaw, Kierra Anderson, Sarah Deptuck, Sarah Howlett, Veronica Porter, Mackenzie Kerr, Jessica King, Ella Olesen, Dayton Dodds, Jonah Klevinsky, Evan Anderson, Jacob Williams, Jessie Allen,

Raya Jecklin, Ashley King, Jamie Kruger, Eric Labas, Ethan Loewen, Nikolaus Silins, Sam Laidlaw, Jacob Alexander, Angihe Bolivar, Tyler Brown, Sarina deHavelyn, Luke Hales, Savanna Jecklin, Natasha Jensen, Jordan Labas, Sharla Ludvigson, Max MacKay, Nicole Mander, Finn Martin, Carmen McCheyne, Emily McKinnon, Henrik Olesen, Jared Sladde, Xristos Vassilopoulos, Alijah Williams, Zac Young, Britta Olesen, Erin Jensen, Niall Jensen, Hailey Pillat

50 Kilometre - Kylie Hoffman, Leora Middleton, Sarah Howlett, Veronica Porter, Mackenzie Kerr, Sarina deHavelyn,

75 Kilometre - Leora Middleton, Sarah Howlett, Veronica Porter, Mackenzie Kerr

100 Kilometre - Veronica Porter

125 Kilometre - Veronica Porter

150 Kilometre - Veronica Porter

SPORTS REPORT

Cross-Country



Our North Zone, Small Schools Cross-Country Meet was a great success. The weather was fabulous and our students put in an outstanding effort. We had the largest number of participants and everyone did their

best. Forty-six students (all six teams) qualified for the District Cross-Country Meet on Thursday, November 5th at Rotary Bowl.

Tyke Girls: Ella Olesen, MacKenzie Kerr, Savanna Bice Chloe Hunt, Alexis Charles

Tyke Boys: Ben Whiting, Eric Labas, Jacob Houtman, Spencer Richards, Ethan Loewen, Jacob Williams



PeeWee Girls: Jessica King, Kierra Anderson, Emily Coutu, Savanna Jecklin, Natasha Jensen, Hana Villeneuve, Josie Laidlaw

PeeWee Boys: Henrik Olesen, Jared Sladde, Finn Martin, Nic Kouwenhoven, David Svenstrup, Max MacKay, Tyler Brown

Bantam Girls: Kylie Hoffman, Leora Middleton, Kiah Loewen, Hayley Isaachsen, Grace McCheyne, Sydney Howlett, Tara Ward, Megan Dodds, Rachel Mayer, Leora Gueulette, Kate Mason-Betts

Bantam Boys: Luke Swabey, Jordan Jenkins, Brady Andjelkovic, Sam Browne, Hunter Gackstatter, Shivam Thakur, Simon Svenstrup, Riley Aquino, Sean McAuliffe, Jake Webber.

On the day of the district meet, our students gave their best effort, running in the wind and rain. Unfortunately, because of illness a number of our students were not able to run in this meet. At the time of writing, we had not heard how our teams did in the overall standings.

Girls Soccer – Small School District Champs



The Bantam Girls team capped off a very successful seasons defeating Frank J Ney, 2-1 in the finals of the Small Schools District Championships. The girls had only lost one game in the regular season and that was to Frank J Ney. They then won their first three games of the play-offs before meeting Frank J Ney in the finals. Great season, girls. This was Cilaire's sixth championship in the last seven years. What an accomplishment!

Bantams Girls – Kylie Hoffman, Maddy Konst, Kiah Loewen, Grace McCheyne, Rachel Mayer, Hayley Isaachsen, Jetahnoh Peachey-Blackburn, Chantel Jones, Angihe Bolivar, Carmen McCheyne , Alijah Williams, Summer Cody, Megan Dodds, Genevieve Van Der Voort, Natasha Jensen, Kierra Anderson, and Josie Laidlaw. Coaches – Mr. Gillies (with assistance from Mrs. Westmacott).

Football

The Bantam boys enjoyed a successful season as well. They had a successful regular season, only to lose to

Frank J Ney in the playoffs. Congratulations to the following team members on a great season:

Bantams Boys – Josh Carless-Jones, Brady Andjelkovic, Jarod Domino, Luke Swabey, Hunter Gackstatter, Simon Svenstrup, Owen Kelly, Casey Kent, Shivam Thakur, Sam Browne, Jakob Alexander, Max MacKay, Finn Martin, Jared Sladde, Kristos Vassilopoulos, and Nik Malenica.
Coach – Mr. Drexhage.



FLU SEASON

Flu season is upon us so please follow the guidelines of being scrupulous about hand washing and sneezing or coughing into handkerchiefs or the crook of your arm. If you feel sick stay home until you are better. Sick kids need to be at home and we will be asking parents to pick up students who feel ill. As H1N1 is the predominant flu this year there are likely to be cases in our Nanaimo and Cilaire community. If you have questions about Swine Flu call the Public Health Office. They are the ones that provide public information and announcements.

BEFORE AND AFTERSCHOOL SUPERVISION

Please note that there is no supervision available for students prior to 8:25 AM and after 3:00 PM. We would request that you make arrangements with friends, neighbours, or relatives if must drop your child off prior to 8:30 or pick them up after 3:00. Thank you for your cooperation.

THANK YOU – FAIRWAY MARKET

Just a reminder from the PAC that the school collects Fairway Market receipts. These can be turned in at the office – there is a box allocated as Fairway Market in the 'wall' of boxes. These receipts are all added up periodically and taken to Fairway Market who then in turn gives us a cash donation based on a percentage of the total amount. Last year the total donation was \$3000.00. Many thanks to those who continue to bring in their receipts.

FIRST REPORT CARD – December 4th



This year, the first term's report cards will be going home a week later than in past years. They will be going home with students on Friday, December 4th. For our grade four students that means they will be receiving letter grades for the first time. Please remember that the vast

majority of students do not receive straight A's! Here is a little review of what letter grades and symbols on an intermediate report card mean.

- a) "A" means excellent or outstanding performance in relation to expected learning outcomes.

- b) "B" demonstrates very good performance in relation to expected learning outcomes.
- c) "C+" means good performance in relation to expected learning outcomes.
- d) "C" means satisfactory performance
- e) "C-" is minimally acceptable performance

Letter grades in the "C" range is the average. Please encourage your child to look at their strengths and praise them for their efforts. As a staff we also work hard at setting academic goals with students. Ask them what areas they need to pay further attention to and work with your child's teacher to support your child in the areas they need to concentrate on.

In the primary grades, teachers use a development scale to describe student progress. The scale is as follows:

- 1) not yet within expectations
- 2) meets expectations at a beginning level
- 3) fully meets expectations
- 4) exceeds expectations.

These are NOT letter grades and shouldn't be looked at that way. We are all different and we all learn at different rates and in different ways. It is important to be realistic yet encouraging.

STUDENT COMMITTEES

We have had 33 students (about 30%) in grades 4 – 7 apply for positions on Cilaire's student committees. These students have been assigned to their committees and many of these students have started in their roles. It is terrific to see so many students willing to "step up to the plate" and accept positions of responsibility around the school.

SCHOOL EDUCATION PLAN REPORT

Cilaire's School's Education Plan includes a goal of improving student achievement in literacy. Here is what is currently happening at Cilaire.



READING:

Effective readers use the following strategies to help make sense of what they are reading:

- Activating background knowledge – they make connections with what they already know about the topic/subject they're reading. (This is our focus this year as a school.)
- Questioning text – good readers ask questions as they read to help them understand
- Drawing inferences – reading between the lines to help develop meaning (this is a difficult skill)
- Determining importance – details versus main ideas (What does the reader have to pay attention to?)
- Employing fix-up strategies – (self-correcting and going back to re-read for example)
- Using sensory images, visualizing

- Synthesizing and extending thinking (another difficult skill that needs to be taught).

Our fall assessments, which we did in the first week of school, give us valuable information that informs our teachers. Of course, all of the above skills will be taught, but in particular, we noticed that many students weren't consciously using the connections strategy to help them understand what they read and in their writing. **Asking Good Questions and Making Inferences** will be the skills that we are emphasizing this year.

Literacy Web Resources:

Read, Write, Think Website:

<http://www.readwritethink.org/resources/index.asp>

A Parent's Guide for Reading with your Child, from the National Center for Family Literacy:

<http://eclkc.ohs.acf.hhs.gov/hslc/For%20Parents/Everyday%20Parenting/Parents%20as%20Teachers/2TipsforParents.htm>

SOCIAL RESPONSIBILITY:

Our second goal focuses on social responsibility, specifically healthy living. The following is checklist that can be used as you and/or your child(ren) are making their lunches.

HEALTHY LUNCH CHECKLIST

==> Give yourself one checkmark for each of the elements that were included in your lunch.

- Check this box just for packing a lunch.

==> Give yourself a check mark for each of the four food groups that are in the lunch:

- Vegetables and Fruit
- Grain Products
- Milk and Alternatives
- Meat and Alternatives

==> If you answer yes to the following questions, give yourself a checkmark:

- Is there a dark green or orange vegetable choice such as broccoli, bell pepper, spinach, romaine lettuce or carrot?
- Is there a whole grain choice?
- Is there milk or a lower fat milk alternative?
- Is there a lower fat meat, or meat alternative such as eggs or legumes?

==> Add another checkmark if:

- The beverage option is plain water, milk or 100% fruit or vegetable juice or milk.
- The serving sizes are reasonable.
- Foods higher in calories, fat, sugar or salt (the ones that are not part of the four food groups) are absent or represent only a small portion of the whole lunch.
- The cold food is kept cold and the hot food is kept hot until lunch time.
- There is a little something special to make the lunch more enjoyable.

YOUR TOTAL = ?? out of a possible 14 points

PAC NEWS

Bottle Fundraiser

There will be a Bottle Fundraiser in the Cilaire parking lot in the morning of November 18 2009! Drop off the children and drop off any refundable bottles/cans at the same time! This is an easy fundraising opportunity. Watch for this new fundraiser every second Wednesday of the month from your Cilaire PAC.



EEEE!! The big change is coming": Preparing for those High School Years

This interactive workshop will explore all the complexities that face our children and us as parents at this transitional time. It will provide some governing ideas about the challenges ahead and how we, as parents, can walk strongly beside our children. Developmental information and communication strategies will be explored.

Speaker: Leanne Rose Sladde MA
Faculty, Child and Youth Care
Vancouver Island University

Date: November 19, 2009 7-9pm

Location: Cilaire Library

Cost: \$5 suggested donation

Pre-registration required at cilairepac@live.ca
(how else will we know how many pencils to sharpen?)

Pac Sponsored Magazine Sales

While the PAC sponsored magazine sales are officially over, you can still renew/order through the year. You can renew/order on-line at www.ccrp.ca. Please use the campaign order code **BC650**

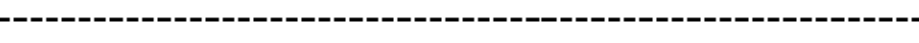


DATES TO REMEMBER

November 10	Remembrance Day Assembly
November 11	Remembrance Day – schools closed
November 18	Ready Set Learn - POSTPONED
November 18	PAC Hot Lunch
November 18	PAC Mtg. – 3:00 pm – Library
November 19	Photo Retakes
December 4	First Term Reports go home
December 7	1:15 pm – Fine Arts Performance – Axis Theatre
December 9	PAC Mtg. – 3:00 pm – Library
December 15	Christmas Concert
December 18	Movie Day?
December 18	Last day of classes
January 4	School reopens from the Winter Break

NEWSLETTER CONTEST

Winners for the October 6th newsletter draw were: Anthony and Ethan Olynyk, Nicole Mander, Alexa Cambridge.



NEWSLETTER RESPONSE SLIP

The newspaper response slip will be used to draw 3 names for prizes each month. Once you have read the newsletter, return the slip below with your son/daughter to put it in the draw box, three names will be drawn at the month end assembly. If you have any questions or comments regarding the information in this newsletter, you may also include them below. Thank you



Student's Name: _____ Division: _____

Date: _____

_____ **Yes, I would like to receive the Cilaire newsletter, etc via email. My email address is:**

_____ @ _____

Comments:
