

John Barsby Community School Newsletter

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April 28, 2010

PRINCIPAL'S MESSAGE

Dear Parents, Caregivers, Students and Community Members:

It has been a very busy month for staff, students, and parents at John Barsby. Parent Teacher Interviews were held April 22nd. If your student has not brought their report card home, please pick it up at the office. Many students did exceptionally well on their Term 1 report card.

Staff worked together April 23rd and April 26th to collectively plan for next year. The focus areas of the days included: successes/reflections of our Learning Groups, contemplation on some small changes to the structure of our Learning Time, and viewed a thought provoking film on the future educational needs of our young people.

On April 24th, our grade 12 students had a beautiful family Banquet and Prom themed 'Big Lights Big City'. The students had an enjoyable evening. They wore their finest and danced the night away until midnight. A great big thanks to students and staff who worked tirelessly to ensure that our grade 12's were entertained, safe, and provided with some truly memorable moments!

Next week, our Drama Group, will be performing 'Once Upon a Mattress'. Please come out and support our actors/actresses and backstage supporters during their Spring production. The time, energy, and commitment put in by our young people is amazing.

Lastly, the Aboriginal Graduation will be held at John Barsby on May 20th at 6:00 p.m. All graduates from Nanaimo-Ladysmith schools will be honoured at this annual event.

As always, if you have any questions, please don't hesitate to contact us.

Ms. Gray, Mr. Ferguson, and Mrs. Proctor

GRAD FEES

Students should be paying for their grad fees in the office as soon as they are able.

NANAIMO BRAZILIAN JIUJITSU

JBCS students interested in learning Jiu-jitsu are welcome to attend sessions happening at JBCS in the Multi Purpose Room on Tuesday and Thursday evenings from 8 – 10 p.m. for FREE until the end of the school year. If you want to find out more, see Shannon Wilson or stop by to check it out in person

DATES TO REMEMBER

May 5	PAC Meeting 7:00 pm Library
May 24	Victoria Day
June 1	Barsby Awards Night 7 p.m.
June 2	PAC Meeting 7:00 pm Library
June 8	District Awards Night Port Theatre 7:00 p.m.
June 15	Last Day of Classes Semester 2
June 16-25	Exams
June 30	Valedictory Ceremony 1pm Port Theatre Dry Grad 8:00 p.m. Beban Park

VALEDICTORY CEREMONY (GRAD)

The ceremony will be at 1:00 pm at the Port Theatre Wednesday, June 30, 2010. Each graduating student will receive three tickets for seats in the audience for their guests/family. If more tickets are needed, please have your child contact Mr. Ferguson as soon as possible to let him know how many more tickets would be requested. We cannot guarantee to have enough seats for everyone who might want to attend.

DRY GRAD

Dry Grad happens at Beban Park Wednesday June 30, 2010 at 8:00 pm. This is an alcohol free event that runs from 8:00 pm that day to 6:00 am the next morning. THIS EVENT IS ONLY FOR NANAIMO GRADE 12 GRADUATING STUDENTS. NO GUESTS ARE PERMITTED.

FOOTBALL SPRING FRENZY CAMP APRIL 17/18 / A GREAT WEEKEND OF FOOTBALL!

Pound for pound, the best football camp for your money in BC took place April 17/18 weekend. Player improvement was dramatic practice to practice and the camp scrimmages were lights-out intense and well played!

Camp Photos:

<http://picasaweb.google.ca/joehead69/SpringCampApril182010>

A huge thank you to all the parents who volunteered their time with lunch, registration, equipment adjustments and field gear! The coaching contribution from Belmont, Cowichan, Ladysmith, Nanaimo District, Ballenas, Timberline,

the VI Raiders, John Barsby and our emotional defensive leader All-Pro Lyall Woznesensky was outstanding! Many, many thanks to our JB alumni for all their efforts and contributions. Lastly, and very importantly, the players - This year's group, all 120 of you were outstanding in terms of focus and intensity. You guys made the camp the success it was and it was a pleasure for all who were involved with your weekend!

Simply Fantastic!

SPRING FOOTBALL PRACTICES UPCOMING

Here Comes Spring Football!

Spring Football Practices are just around the corner! It is very, very important for all players to clear their slate for practice. We are allowed ten (10) practices only and every one counts.

All players need to have a 4 litre water-bottle topped off and ready to haul on to the football field.

Varsity Practices: *Begin Monday May 3rd* and will take place Monday's and Wednesdays 3:16-5:01 PM and Fridays 2:01-4:01 PM.

Varsity Calendar:

Practice 1 May 3rd, Practice 2 May 5th, Practice 3 May 7th, Practice 4 May 10th, Practice 5 May 12th, Practice 6 May 14th, Practice 7 May 17th, Practice 8 May 19th, Practice 9 May 21st, Practice 10 May 26th, Program and individual Photo Day May 27th, Jamboree May 28th.

Junior Varsity Practices: *Begin Tuesday May 4th* and will take place Tuesday's and Thursdays 3:16-5:01 PM and Fridays 2:01-4:01 PM.

Junior Varsity Calendar:

Practice 1 May 4th Practice 2 May 6th, Practice 3 May 7th, Practice 4 May 11th, Practice 5 May 13th, Practice 6 May 14th, Practice 7 May 18th, Practice 8 May 20th, Practice 9 May 21st, Practice 10 May 25th, Program and individual Photo Day May 27th, Jamboree May 29th.

Check Out The Latest Local, Regional, Provincial and National High School Football News Standings, Coaching Resources and Program Building Information at:
<http://www.bchighschoolfootball.com>

ABORIGINAL EDUCATION

It was hard for Aboriginal Education staff to follow up our successful and busy March with matching events for April. April was a month broken up by Easter holidays, report cards for term one of semester two, and with several Professional Development Days.

Nonetheless, our department sent three students to the third Aboriginal Me-to-We student leadership event at Vancouver Island University on April 13 with Val White. David Odo, Casey George, and

Dylan Paul-Seward participated in workshops and developed community plans for their personal projects. Ab Ed staff hopes to see the students carry their plans through. David Odo has already started working on his anti-racism project.

From April 14 to 16, David Odo and Cody Bacon attended the Cowichan Aboriginal Youth Film Festival. Michelle Swecera sponsored the boys for two days and Donna Flett for one. The two boys enrolled in the music video workshop, and their workshop team created a music video in just two days, doing everything involving story-writing, filming, acting, and editing. On Friday, at the youth film screening and awards, the boys were excited to see their video screened along with the award winners. David also got a chance to jam with musician Dallas "KrayZKree" Arcand. The students were excited about the idea of making a movie to enter in next year's festival competitions, and Ab Ed staff has been discussing how to see that idea become a reality.

April also saw Grade 12 Métis student Chance Liebrecht get her Métis status card. Donna Flett helped Chance do her genealogy and make the application to the Mid Island Métis Nation community. Chance is heading to VIU for a certificate in health care, and obtaining her Métis status will help her secure funding for her education.

Grade 12 students heading for post-secondary education should see Donna Flett immediately with regard to applying for Aboriginal scholarships and bursaries. Ms Flett will be running scholarship workshops after school on selected Tuesdays and Fridays until the end of May, when scholarships close.

Finally, John Barsby will once again host the district Aboriginal Grad on Thurs. May 20. Doors open at 5 p.m. with the dinner at 6 p.m. If you have a graduating Aboriginal student, please make sure that you receive a letter and tickets. Extra tickets can be bought through the Aboriginal Education department for \$5.00 each. On the grad night, please make sure you bring your spare change to buy raffle tickets for the wonderful selection of prize gift baskets that Aboriginal staff across the district put together, and which will pay for next year's grad.

COMMUNITY ROOTS FOOD GARDEN UPDATE

Finally the warm weather has arrived and students and community members have been busy in the school garden planting peas, broccoli, cabbage, chinese greens, spinach, lettuce, garlic, edible flowers and a huge bed of potatoes. We are hoping to harvest enough potatoes this year to serve in the cafeteria and be enjoyed by all students. We are also planning to put in a few fruit trees and a weather station. The garden is still growing!

If you have a garden at home it is time to get in that bed of lettuce so you can have salad all summer long, plant carrots, leeks and potatoes, beans, tomatoes and basil. If you want to find out more about how you can be involved in the school garden call Anna Dodds at Nanaimo Foodshare 250 751 9751 for details.

If you have room to include the recipe then you could add this:

Time to harvest rhubarb! If you don't have any I'm sure your neighbour does. Try our rhubarb muffin recipe - quick, simple and delicious:

YOGA at JBCS

Join Catherine and learn yoga techniques used to reduce stress, boost your metabolism, help build strength and flexibility while focusing on healthy rejuvenation of your mind, body and spirit. Beginners are most welcome!

Classes happen on Tuesday evenings from 6:30 until 7:30 on the stage. Cost is \$35 for 6 session or \$8 drop-in.

Please bring a mat, blanket and wear comfortable clothing. Form fitting, stretch material is best because it moves with the body. We'll also be in bare feet.