

Latin



Fitness

This workout is a perfect blend of intense aerobics and hot Latin dancing. You will burn calories and have a great time dancing with a dynamic instructor from Guatemala to the Spicy Latin Rhythms.

\$56

\$8 drop-in fee

To register, or for more information, please call Walewska at 591-1788.

Mondays (5 — 6 p.m.)

Sept 14 — Nov 9

Dance Studio @ JBCS

Weds (7 — 8 p.m.)

Sept 16 — Nov 4

Dance Studio @ JBCS